

Sermon Series: *The Gospel of John*

Will Work For Food... That Endures To Eternal Life

John 6:22-34 (ESV)

22 On the next day the crowd that remained on the other side of the sea saw that there had been only one boat there, and that Jesus had not entered the boat with his disciples, but that his disciples had gone away alone. **23** Other boats from Tiberias came near the place where they had eaten the bread after the Lord had given thanks. **24** So when the crowd saw that Jesus was not there, nor his disciples, they themselves got into the boats and went to Capernaum, seeking Jesus.

25 When they found him on the other side of the sea, they said to him, “Rabbi, when did you come here?” **26** Jesus answered them, “*Truly, truly, I say to you, you are seeking me, not because you saw signs, but because you ate your fill of the loaves.*” **27** *Do not work for the food that perishes, but for the food that endures to eternal life, which the Son of Man will give to you. For on him God the Father has set his seal.*” **28** Then they said to him, “What must we do, to be doing the works of God?” **29** Jesus answered them, “*This is the work of God, that you believe in him whom he has sent.*” **30** So they said to him, “Then what sign do you do, that we may see and believe you? What work do you perform?” **31** Our fathers ate the manna in the wilderness; as it is written, ‘He gave them bread from heaven to eat.’” **32** Jesus then said to them, “*Truly, truly, I say to you, it was not Moses who gave you the bread from heaven, but my Father gives you the true bread from heaven.*” **33** *For the bread of God is he who comes down from heaven and gives life to the world.*” **34** They said to him, “Sir, give us this bread always.”

How Wonderful It Is

As I sat down to read this passage, I was suddenly struck by what an awesome privilege it is that we can so easily follow the footsteps of Jesus as He walked among men and ministered to them. Though this took place over two thousand years ago and we were not there to see His face or sit next to Him around the fire or walk with Him through the dusty countryside or ride in a boat with Him across the Sea of Galilee, we have the written record of those men who did walk with Him and talk with Him and see His face. They recorded—for us—the wonderfully amazing signs that He did and the incredibly authoritative words He spoke. And we have the benefit of being able in our own language to read about these actual events and follow Him, as it were, just as His disciples did. Reading this gospel is blessedly amazing.

Context: On The Next Day

John 6:22-24 (ESV)

22 On the next day the crowd that remained on the other side of the sea saw that there had been only one boat there, and that Jesus had not entered the boat with his disciples, but that his disciples had gone away alone. **23** Other boats from Tiberias came near the place where they had eaten the bread after the Lord had given thanks. **24** So when the crowd saw that Jesus was not there, nor his disciples, they themselves got into the boats and went to Capernaum, seeking Jesus.

The Bread of Life Discourse

This passage before us this morning, is often referred to as ‘the Bread of Life Discourse.’ This takes place **on the next day** following the feeding of the 5,000 men—not counting the women and children—which actually may have been as many as 15,000 or more.

You will recall that only after the Twelve disciples collected twelve baskets of leftovers did the crowd realize that their supper had been a miracle, a sign, the fourth sign of this gospel (Jn 6:14). The multitude had then planned to immediately take Jesus and make Him king by force (v.15). Jesus said no to this and refused them. He then put the disciples into the only boat and sent back across the Sea of Galilee, and then he sent the crowd away (Mk 6:45) and went up on alone on the mountain to pray (Mk 6:46). Though Jesus had dismissed them, much of the crowd decided to spend the night there and **remained on the other side of the sea** (v.22).

Jesus prayed until about 3:00 a.m. (Mk 6:48) and then He walked across the Sea of Galilee heading toward the eastern shore. As you know from [last week](#), the disciples were having a hard time rowing against the strong winds. They were about half way across (v.19) when they saw Jesus walking on the water. They were scared to death and thought He was a ghost. Jesus calmed their fears and got in the boat with them and then they were immediately at the shore. Another miracle, another sign. Jesus gave the gift of His presence only to His disciples in their moment of need in the middle of the storm.

No One Saw Jesus Leave

It is noteworthy that no one noticed that Jesus departed the western shore. No one saw Jesus leave. Only the disciples were allowed to witness the sign of Jesus walking on the water. Only they experienced the miracle of having the boat instantly travel across the remaining three to four miles when it taken them about six hours to go the first three or four miles. Only the disciples knew when and how Jesus made it to the other side.

They Awoke To Find Jesus Gone

Much of the crowd had remained overnight where Jesus had fed the multitude (v.23). However, when the crowd woke up the next morning, they discovered that Jesus was no where to be found. He was gone and they knew He did not leave with the disciples and they had the only boat. So where was Jesus? He must have walked back around the northern rim of the lake and returned to Capernaum.

Seeking Jesus, the Man Who Would Not Be King, In Capernaum (v.24)

The crowd was still interested in **seeking Jesus** (v.24) even though Jesus had the day before refused to allow them to crown Him as their king. Boats had arrived from Tiberias so the crowds boarded the boats and made the seven or eight mile boat ride across the Sea of Galilee back to Capernaum. They sought Jesus until they found Him and now the conversation begins.

Question One: Rabbi, When Did You Come Here? (v.25)

‘The Bread of Life Discourse’ now begins and the crowds ask their first question.

John 6:25 (ESV)

25 When they found him on the other side of the sea, they said to him, “Rabbi, when did you come here?”

It is interesting that they call Him “**Rabbi**” (which is a respectful term meaning a ‘teacher’¹ who was “authorized to teach the law”²), when just the day before they called Him ‘the Prophet’ (whom Moses spoke of, v.14, cf. Dt 18:15) and were ready to call Him “king.” But today, only “Rabbi.”

Has he been demoted in their minds because He refused them? We often become angry with people who refuse to do what we want them to do and so we choose our terminology carefully in order to communicate our displeasure. Perhaps that is what is going on here. “Yesterday we were willing to call you king but today we are ticked off at you and so we will call you ‘rabbi.’”

Jesus Answers A Question They Were Not Asking (v.26)

Jesus refuses to answer their question. He does not tell them when He came there. Instead, He chooses to answer a question they were not asking.

John 6:26 (ESV)

26 Jesus answered them, “*Truly, truly, I say to you, you are seeking me, not because you saw signs, but because you ate your fill of the loaves.*”

The question Jesus is answering is, “Why are you following Me?” The answer to this question is very serious to Jesus. We know this because of the words with which Jesus chooses to begin His response (αμην, αμην, λεγο ηψμιν), “*Truly, truly, I say to you...*” This is a solemn declaration. What He is about to say is deeply, deeply important and they need to hear it. “*You are seeking me, not because you saw signs, but because you ate your fill of the loaves.*”

They may or may not be conscious of their own reasons for following Jesus. Sometime we do things not having thought through all the reasons why. But Jesus knows why they were following Him and so He declared it publicly. He may have done this for four reasons.

1. To alert them to the fact that they have missed something very important—**they have missed the meaning of the signs**. He said, “You are not seeking me, because you saw signs...” which means the signs was not their motivation. However, they had indeed seen many signs and they have missed the meaning of them all. They saw the “signs he was doing on the sick” (v.2) and they saw the sign of the miraculous feeding of the multitude and they had missed the meaning of all those signs. Thus far they were not looking beyond the signs to probe into the reality of who Jesus truly was.
2. To let them know **that He knows the true reason they are seeking Him**. They are not fooling Jesus. The flattery of their following Him has not phased Him in the least.
3. To alert them to the fact that **the way in which they are seeking** Him is totally unacceptable. It is good to seek Jesus, but He is not content with just any kind seeking. If you are going to seek Jesus, then seek Him in truth and not so you can have a free meal.

¹ See Jn 1:38.

² Colin G. Kruse, *John: The Tyndale New Testament Commentaries*, Vol. 4, Gen. ed. Leon Morris. (Grand Rapids: Eerdmans, 2003), 83.

4. To demonstrate that **Jesus is able to discern the secrets of their hearts**. No mere ‘rabbi’ is able to penetrate to the very core of human motivation. Only God knows the secrets of the heart³ and Jesus, once again, is demonstrating that He is neither a mere teacher nor a mere man. He possesses the same level of understanding of the human heart as does God Himself is. Jesus is far more than a mere ‘rabbi’ and the evidence is before them if they would only see it.

The LORD once spoke to the prophet Samuel and said,

1 Samuel 16:7 (ESV)

7b “For the Lord sees not as man sees: man looks on the outward appearance, but the LORD looks on the heart.”

And later David said to Solomon,

1 Chronicles 28:9 (ESV)

9 “... for the Lord searches all hearts and understands every plan and thought.”

Psalms 44:21 (ESV)

21 For he knows the secrets of the heart.

We are also told that God,

Hebrews 4:12-13 “... discerns the thoughts and intentions of the heart, and **13** no creature is hidden from His sight, but all are naked and exposed to the eyes of him to whom we must give an account.”

Jesus knew full well the motivations behind their actions and He knows now the motivations behind our every action.

Since Jesus has their attention, He uses the opportunity to do a little teaching.

Do Not Work For Food That Perishes

John 6:27 (ESV)

27 Do not **work**⁴ for the food that perishes, but for the food that endures to eternal life, which the Son of Man will give to you. For on him God the Father has set his seal.”

What does Jesus mean, “Do not work for the food that perishes, but [work] for the food that endures to eternal life?” Does He mean quit your jobs and go live on a mountain and wait for the end? No. The Bible everywhere commends a strong work ethic and assumes that daily labor will be the primary employment of everyone.

Psalms 104:23 (ESV)

23 Man goes out to his work and to his labor until the evening.

³ 1 Kg 8:39 ... for you, you only, know the hearts of all the children of mankind. See also Job 34:21; Ps 7:9; 33:15; Jer 11:20; 17:10; 20:12; Acts 1:24.

⁴ Later editions of ESV use the word ‘work’ in this verse, while earlier editions used the word ‘labor.’ However, the word ‘work’ is better since it is a form of the same word used in vs.28, 29, & 30, all of which are translated as ‘work.’

Proverbs 16:3 (ESV)

3 Commit your work to the Lord, and your plans will be established.

Proverbs 18:9 (ESV)

9 Whoever is slack in his work is a brother to him who destroys.

Proverbs 22:29 (ESV)

29 Do you see a man skillful in his work? He will stand before kings; he will not stand before obscure men.

See **Proverbs 31** for the commendable hard work of the ideal woman.

Ecclesiastes 3:22 (ESV)

22 ... there is nothing better than that a man should rejoice in his work...

Paul, giving instructions to the believers in Ephesus, said,

Ephesians 4:28 (ESV)

28 Let the thief no longer steal, but rather let him labor, doing honest work with his own hands, so that he may have something to share with anyone in need.

Colossians 3:23 (ESV)

23 Whatever you do, work heartily, as for the Lord and not for men, **24** knowing that from the Lord you will receive the inheritance as your reward. You are serving the Lord Christ.

1 Thessalonians 4:11-12 (ESV)

11 and to aspire to live quietly, and to mind your own affairs, and to work with your hands, as we instructed you, **12** so that you may walk properly before outsiders and be dependent on no one.

2 Thessalonians 3:10-12 (ESV)

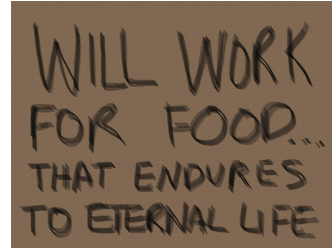
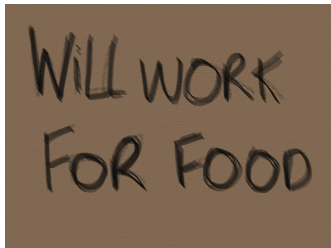
10 For even when we were with you, we would give you this command: If anyone is not willing to work, let him not eat. **11** For we hear that some among you walk in idleness, not busy at work, but busybodies. **12** Now such persons we command and encourage in the Lord Jesus Christ to do their work quietly and to earn their own living.

Paul even goes on to say in the next two verses that if someone will not obey this command, then “having nothing to do with him” (v.14).

Anything to add about Puritan work ethic???

So, no, Jesus is not saying that you should quit your jobs. Then what is He saying? He is saying that temporal concerns should not be the primary motivations driving your choices in life. He is inviting His listeners to stop allowing the temporal, physical realities to overshadow the eternal, spiritual realities. Their desire for material food is preventing them from enjoying spiritual food. They are so hung up on what they can see, that they are blind to contemplating the greater realities of what they cannot see.

Jesus is saying stop making material acquisition the purpose of your life. He is saying, “Do not work (i.e. labor) for food that perishes, but instead work (i.e. labor) for the food that endures to eternal life.” We see all the time signs that say, “Will Work for Food.” However, have you ever seen a sign that says, “Will work for food... that endures to eternal life?”



Jesus does not want you spending all your energy, focus, and devotion aimed at food that **will** perish. He wants the energy, focus, and devotion of your life aimed at food that will **not** perish.

2 Corinthians 4:15 (ESV)

15 *as we look not to the things that are seen but to the things that are unseen. For the things that are seen are transient, but the things that are unseen are eternal.*

Physical food only satisfies physical bodies for definite very short amount of time—several hours at most. However, spiritual food can satisfy spiritual bodies for an indefinite period of time—for all of eternity! If you spend your life laboring (i.e. working) to possess that which will not last, then your life will be one of perpetual dissatisfaction and ultimately your labor will be in vain. However, if you labor to possess that which *will* last forever, then you will find ultimate satisfaction and your labor will not be in vain. This is the invitation of Jesus to His listeners.

The things of this world can be gone in an instant, and what becomes of your hope when that happens.

Gone In Six Minutes

Today is the one year anniversary of the earthquake and tsunami which occurred just off the coast of Tohoku, Japan. The 9.0 magnitude earthquake, referred to today simply as **the 311 earthquake**, lasted only **six minutes** but was described by Japan’s prime minister as the country’s “toughest and most difficult crisis since WWII.”

The earthquake was the strongest to hit Japan and one of the five most devastating earthquakes ever recorded (since 1900 which was the beginning of such record-keeping). Nearly 20,000 people were swept away leaving 15,850 people dead and 3,287 still missing today. Entire towns and villages were wiped clean by the a wall of water that may have reached as high as 130 feet. The tsunami also resulted in the worst nuclear disaster in human history, the meltdown the Fukushima reactor.

Do not ignore the eternal. God gives us often these painful reminders, such as the 311 earthquake and tornadoes in the mid-west to remind us that this temporal life can be over in a second! Don’t ignore eternity. And don’t let your friends ignore eternity. If it is true that “friends don’t let friends drive drunk,” then neither do friends let friends ignore eternity.

Food That Endures to Eternal Life Is Given By 'Son of Man' (v.27)

There *is* a **food that endures to eternal life**. We do not yet know what or where that food is. But Jesus says the **Son of Man will give you that food**. The source of the food about which Jesus is speaking is the Son of Man.

Who is the Son of Man? Jesus is. "The expression 'Son of Man'⁵ occurs sixty-six times in the Synoptic Gospels, and always on the lips of Jesus as a self-designation."⁶ One passage that clearly teaches that Jesus was thinking of Himself when using the expression 'Son of Man' is Matthew 16:13-15.

Matthew 16:13-15 (ESV)

13 Now when Jesus came into the district of Caesarea Philippi, he asked his disciples, "**Who do people say that the Son of Man is?**" **14** And they said, "Some say John the Baptist, others say Elijah, and others Jeremiah or one of the prophets." **15** He said to them, "**But who do you say that I am?**" **16** Simon Peter replied, "You are the Christ, the Son of the living God."

How Can 'Son of Man' Give Eternal Food? (v.27)

How can we know that the Son of Man can give this eternal food? How do we know that we can trust Jesus to give *this food that endures to eternal life*? Jesus answers, "**For on Him God the Father has set his seal.**"

The idea of a seal indicates authenticity and reliability. John does not tell us exactly what he means. However, three times in the NT Paul uses the word 'seal' and every time he connects the word with the presence and activity of the Holy Spirit.

2 Corinthians 1:22 (ESV)

22 and who has also put his seal on us and given us his Spirit in our hearts as a guarantee.

Ephesians 1:13-14 (ESV)

13 In him you also, when you heard the word of truth, the gospel of your salvation, and believed in him, were sealed with the promised Holy Spirit, **14** who is the guarantee of our inheritance until we acquire possession of it, to the praise of his glory.

Ephesians 4:30 (ESV)

30 And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption.

If we are to make a similar connection, then John probably has in mind Jesus' baptism when the Holy Spirit descended upon Jesus and remained (Jn 1:32).

John 1:31-34 (ESV)

31 I myself did not know him, but for this purpose I came baptizing with water, that he might be revealed to Israel." **32** And John bore witness: "I saw the Spirit descend from heaven like a dove, and it remained on him. **33** I myself did not know him, but he who sent me to baptize with water

⁵ Jesus most certainly took the expression from Daniel 7:13-14. He quoted this verse as describing Himself as His mock trial in Mt 26:64 which earned Him the charge of blasphemy (cf. Mt 24:30).

⁶ Kruse, 89.

said to me, 'He on whom you see the Spirit descend and remain, this is he who baptizes with the Holy Spirit.' **34** And I have seen and have borne witness that this is the Son of God.

Thus it is the abiding presence and anointing of the Holy Spirit upon Jesus that marks Him out as the only one authorized by God to be able to give the food that endures to eternal life. God has set His seal of approval, His own Holy Spirit, upon Jesus, His own Holy Son, so that we can know that He is the one and only one who gives the food that endures to eternal life.

The Response of the Crowd :: The Second Question

John 6:28 (ESV)

28 Then they said to him, "What must we do, to be doing the works of God?"

This is their second question. They still were not listening. Jesus had just told them that the Son of Man would give them the food that endures to eternal life and yet they respond, "**What must we do?**" They fully thought they were able to do whatever works that God required. "Tell us, Jesus. Give us the 'to do' list and we will do it."

Self-confidence is the enemy of saving faith. Thinking you have it in you to earn salvation is the most pernicious doctrine the devil ever came up with. Pride is no friend to those who receive eternal life.

Jesus then, quite bluntly, replies,

John 6:29 (ESV)

29 Jesus answered them, "**This is the work of God, that you believe in him whom he has sent.**"

Believe

You do not "do" anything. You **believe** in him who God has sent. This is an amazing answer. What an incredibly sweet answer. You don't have to "do" anything, just "believe." And believe is something everyone can do. Here the people were asking what they must do to in order to be acceptable to God and Jesus tells them only to **believe in him who God has sent**, which, of course was Himself. Jesus only says one thing—*believe in him who God has sent*. Just trust Him. Rest in Him. Fall into His strong arms and say, "Ok, then carry me, Jesus. Here's my life. It's Your's. Take it, take me and save me. I trust wholly and completely in You."

If someone were to ask you, "What must I do to be saved?", what would you say?

Believe... In Him Who He Sent

Jesus did not say, "believe" and stop there, as if simply believing anything was pleasing to God. He said that the kind of belief that is acceptable by God was belief in "**Him who He has sent.**" That then means one must get to know "Him whom God has sent," that is, one must get to know Jesus and discover who exactly He is and what He taught about Himself. These people listening to Jesus understand Him to be speaking about Himself, saying that He was the source of the eternal bread. Now comes their third question.

The Crowd's Third Question

John 6:30-31 (ESV)

30 So they said to him, "Then what sign do you do, that we may see and believe you? What work do you perform? **31** Our fathers ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'"

This question is surprising. They are asking Him for a sign that would prove His claims. This is the same crowd who just the day before had witnessed Jesus feed about 15,000 people with a few loaves of bread and two fish. They saw this sign yesterday! And now today they are asking Jesus for another sign!

Unbelief is frighteningly relentless. They had witnessed Jesus healing the sick (Jn 6:2) multiple times and they had physically experienced a miraculous feeding themselves (by eating the food that Jesus created) and yet does their spiritually-dead hearts remain unmoved. Witnessing a miracle will save no one, even participating in a miracle does not necessarily open the heart to saving faith.

Remember how many great and awesome miracles the children of Israel witnessed in their deliverance from Egypt and yet nearly the entire generation died in the wilderness due to lack of faith and persistent unbelief. Coming to saving faith is a miracle itself.

How About Breakfast? (v.31)

Verse 31 helps understand what they are thinking. They in fact still did have the miraculous bread from the previous evening on their minds. Remember that when they "saw the sign" (6:14), that is the creation of the bread to feed the multitude, they concluded, "*This is indeed the Prophet who is to come into the world!*" (6:14) The Prophet was one spoken of by Moses in Deuteronomy 18:15.

The Prophet was expected to be like Moses but even greater than Moses. He would do what Moses had done and yet would do even greater things than Moses. Jewish rabbinic tradition taught,

As the first redeemer was, so shall the latter Redeemer be ... As the former redeemer caused manna to descend, as it is stated, *Behold, I will cause to rain bread from heaven for you* (Ex. xvi, 4), so will the latter Redeemer cause manna to descend, as it is stated, *May he be as a rich cornfield in the land* (Ps. lxxii, 16).⁷

Essentially, what they are saying is, "OK, Jesus, if you want us to believe in you, then give us a sign. You are talking like you think you are greater than Moses, so lets see you do something greater than Moses. If you truly are The Prophet, then do a mighty work. Moses gave us bread in the wilderness for 40 years. You gave us bread last night, but if you are greater than Moses, then you are doing to have to do something greater than Him. So how about some breakfast? Our stomachs are growling. Moses gave us bread everyday for 40 years. Top that! And you can start right now by giving us some more of your wonderful bread for breakfast!"

Now comes another teaching time.

John 6:32-33 (ESV)

⁷ Kruse, 168-9.

32 Jesus then said to them, “*Truly, truly, I say to you, it was not Moses who gave you the bread from heaven, but my Father gives you the true bread from heaven.*” 33 *For the bread of God is he who comes down from heaven and gives life to the world.*”

Jesus again, points out the deep solemnity of what he is about to say, “*Truly, truly, I say to you...*” Jesus was telling them they were wrong. He was saying, “Moses did not give you bread from heaven. God did. My Father gave you that bread, not Moses.” The Jews placed far too much emphasis upon Moses and Jesus was correcting that.

Notice the change of tense in verse 32. Jesus moves from past tense to present tense.

... it was not Moses who gave you bread from heaven,
but My Father gives you the true bread from heaven.

Jesus is saying, “My Father gives you the true bread from heaven,” meaning He is **right now** giving you bread. God is *presently* giving you bread. He gives now! And not just bread like the manna which would spoil by the end of the day. He is not giving you bread that spoils and perishes. He is right now giving **true bread from heaven**, which is bread that never spoils, never perishes, and never passes away. The true bread is the bread that endures to eternal life. The true bread is bread that enables you to enjoy eternal life! God the Father gives the true bread and He is **giving it right now!**

What Is True Bread From Heaven? Answer: HE!

Well, what is this true bread from heaven? Look at verse 33. The true bread of heaven, the bread of God, **is he who comes down from heaven and gives life to the world**. The bread of God is not a “fine, flake-like thing”⁸ that tasted like “wafers made with honey.”⁹ Neither was it barely bread you could hold in your hand. The true bread of God is HE! The bread of God is a HE—a male person.

He Comes Down To Give Life

He is like the manna in that He **came down from heaven**, but He is not like the manna in that the manna could not give life. The manna died everyday. The manna spoiled every day. At the day’s end it spoiled, it decayed, “bred worms, and stank,”¹⁰ which is exactly what a corpse does. However, the true bread of God is He who **gives life**.

Life is what unbelievers need. Life is our greatest need—not physical life, but spiritual life. We already have physical life and that is what barley bread sustains. “As physical food is necessary for physical life, so spiritual food is necessary for spiritual life.”¹¹ But we do not have spiritual life and so Jesus, the true bread of God, has come down from heaven to *give spiritual life*. This is what Paul is referring to in **1 Cor 15:45** when he writes that Jesus is the second “Adam who became a life-giving spirit.” The first Adam was alive in body but dead in spirit because of sin, but the second Adam, Jesus, was alive in body but also alive in Spirit because He never sinned—Jesus “knew no sin” (2 Cor 5:21).

⁸ Ex 16:14.

⁹ Ex 16:31.

¹⁰ Ex 16:20.

¹¹ Frank E. Gaebelin, Merrill C. Tenney and Richard N. Longenecker, *The Expositor's Bible Commentary, Volume 9: John and Acts* (Grand Rapids, MI: Zondervan Publishing House, 1981), 75.

Becoming alive to God in our spirit is our number one need. Apart from Jesus we are alive to sin and dead to God. In and through believing in Jesus we become alive to God and dead to sin. We need to experience the all-satisfying delight of being brought into a living relationship with the living Jesus.

When we truly receive the true bread of heaven, only then do we receive life. And then suddenly sin is revealed as the spoiled, unfulfilling, worm-infested, stink that it is. When you become alive spiritually, you cannot remain content to linger long in the stench of death.

John 6:34 (ESV)

34 *They said to him, “Sir, give us this bread always.”*

All they can imagine is breakfast. “Sir, can you always give us that un-spoiling bread you are talking about—always, everyday, which is longer than Moses gave manna? Moses’ bread had a 40-year expiration date. Can you give us bread with no expiration date? If you can, we’ll take it!”

We are helplessly prone to prioritize the physical and ignore the spiritual. We tend to labor only for what we can see. Jesus comes to us and says, “Don’t spend your energy striving to possess stuff for it will be swept away in a moment. Spend your energy on what will give you eternal life. And all you have to do to receive that is simply come to me in faith, believe in Me, receive Me and I will give you eternal life. Don’t work for food that fails, ‘work’ for food that will never fail.”

Remember, the motives of your heart are not hidden from Him. Jesus knows your every motivation for everything you do. So don’t play games with Him. Talk to Him now and be honest.

The physical things of this world will never satisfy the spiritual hunger of your soul. Right now, come to Jesus and ask Him to satisfy the hunger and thirst of your soul. Confess your need to Him and whatever it is He will fill it.